

Calm Tries & Progress Tracker

Every trip counts, and trying counts too. Small sits grow big confidence.

Child's name _____

Week of _____

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
DAY TOTALS Tries _____ Pee/Poo _____	DAY TOTALS Tries _____ Pee/Poo _____	DAY TOTALS Tries _____ Pee/Poo _____	DAY TOTALS Tries _____ Pee/Poo _____	DAY TOTALS Tries _____ Pee/Poo _____	DAY TOTALS Tries _____ Pee/Poo _____	DAY TOTALS Tries _____ Pee/Poo _____

- ☐ **Color a circle for any calm sit or try.**
Trying counts as a win.
- ☐ **Add a sticker, a star or a P for a pee or poo.**
- ☐ **Accidents are part of learning.**
Stay calm, clean up together and try again later.



LOG IT ON YOUR PHONE

Scan to log tries in OneStepTwo.
Share them with family on Premium.

onesteptwo.com